

Mental Health and Psychosocial Recovery after COVID-19

Considerations for Supports and Services

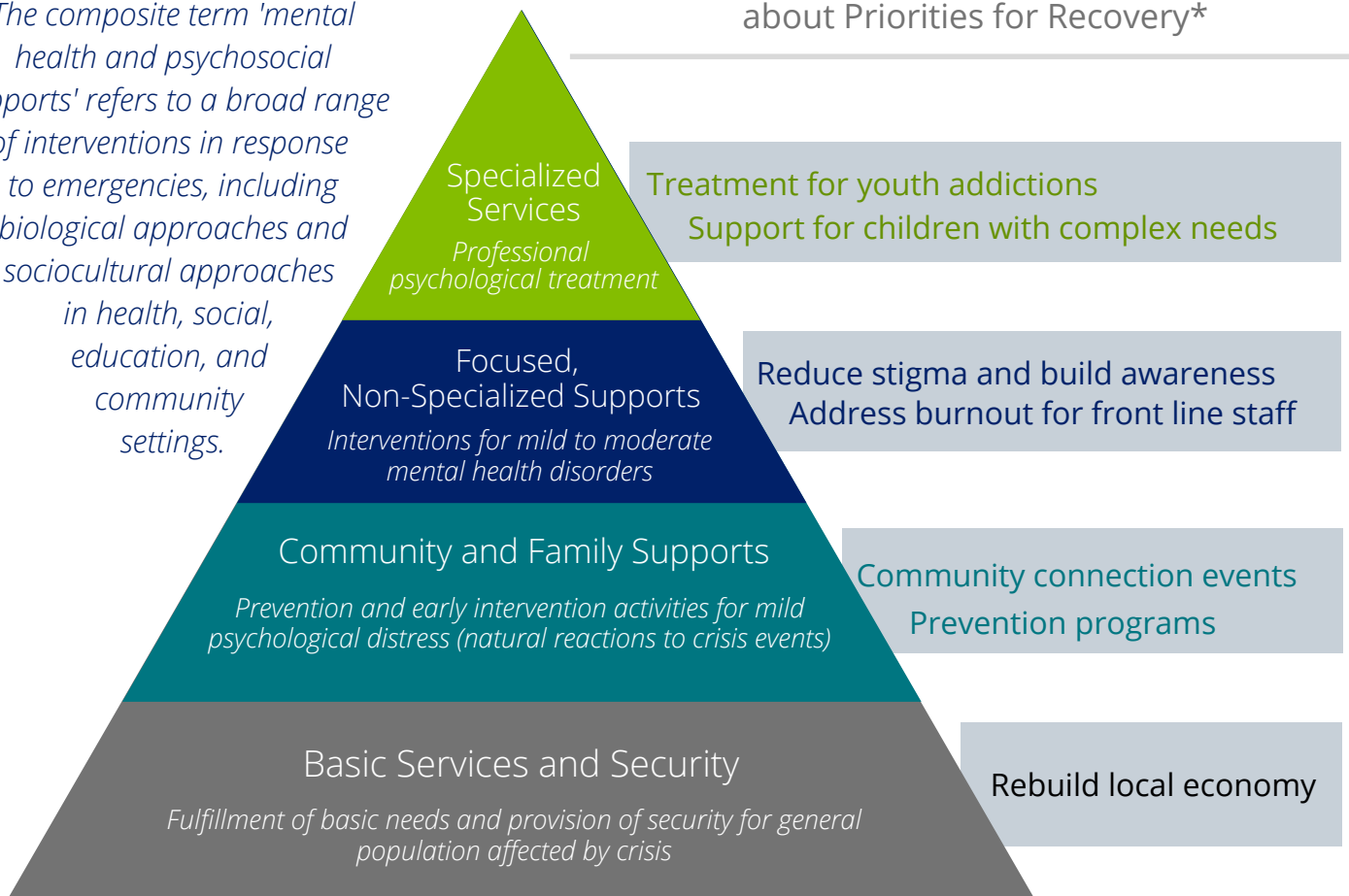


Similar to other natural disasters and large scale crises, the COVID-19 pandemic will have an ongoing impact on individual and community mental health and psychosocial well-being. Here are some key lessons from research and Alberta's own experience about priority psychosocial supports and services to support recovery.

Considerations for Mental Health and Psychosocial Supports in Response to COVID-19

The composite term 'mental health and psychosocial supports' refers to a broad range of interventions in response to emergencies, including biological approaches and sociocultural approaches in health, social, education, and community settings.

Lessons Learned from Communities about Priorities for Recovery*



This pyramid of intervention was developed by the Inter-Agency Standing Committee Reference Group for Mental Health and Psychosocial Support in Emergency Settings (2010)

*Lessons learned from research and engagement with Alberta communities recovering from natural disaster
Sources: [IASC, 2007](#); [IASC, 2020](#); [Kulig, J., GermAnn, K., Parker, N., Salt, V., Walker, D., & Scott, C., 2017](#)

For more information please contact PolicyWise for Children & Families at:

Info@policywise.com