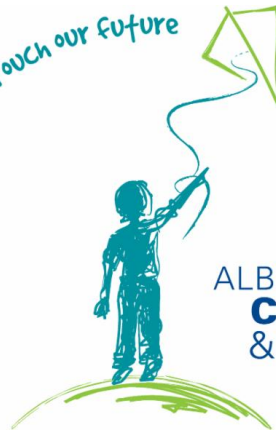


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ALBERTA CENTRE FOR
**CHILD, FAMILY
& COMMUNITY**
RESEARCH

Alberta Centre for Child, Family and Community Research Newsletter

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**Parents protect
against stress for
younger, not older
children**



Although a parent's presence helps younger children reduce or prevent the activation of powerful stress hormone responses in difficult situations, adolescent children get much less benefit, according to new research.

[Read more here.](#)

Network Leadership Symposium 2015



Networks as
Interventions: Policy
Tool or Panacea?
September 22-24, 2015

[Click here for more
information.](#)

Contact Us

Issue: #8

August/2015

Alberta Early Years Learning Series Introduced

Three-part brain development series launched

In lead up to its biennial conference, The Alberta Early Years Conference Planning Committee is hosting a three-part brain development series featuring experts from across Canada. They'll look at the benefits of risky play, the significance of trauma and the impact of technology.



Sessions are \$50 per person. Group rates available.
For more information, visit www.albertaearyyears.com/learning-series/.

Teen Mentoring Toolkit Launched

A resource for schools, networks and communities

The Teen Mentoring Toolkit is a resource designed for schools and community organizations choosing to engage students in creating a welcoming, caring, respectful and safe community through positive mentoring relationships.



This toolkit identifies key areas for consideration as well as evidence-based practices, strategies and tools for planning, implementing and evaluating a quality teen mentoring program. The information can be adapted by youth-serving organizations partnering with a school or running a teen mentoring program within a community-based setting.

[Download the toolkit.](#)

Canadian Child Welfare Research Portal

A troubled group? Adolescents in a Canadian child welfare sample

This study aimed to fill in a research gap regarding adolescents and how child welfare responds to adolescents once an investigation has been initiated. The authors examine characteristics of the adolescents and their homes (e.g. type of maltreatment, socioeconomic status) to determine how and what service





If you have questions or want to learn more about The Centre and how we may be able to assist you or your organization, please contact us:

780-944-8630
info@
research4children.com

Framing Maltreatment in Canada



It's hard to wrap your head around.

In partnership with the Alberta Family Wellness Initiative and sponsorship from Palix (formerly the Norlien Foundation), expert and public perspectives of child maltreatment are compared while focusing predominantly on child sexual abuse.

This report analyzes the unspoken, shared assumptions among the public and outlines the key communication challenges for strategic reframing.

[Read the report.](#)

provision(s) follow, up to and including out-of-home placement.

[Read the summary.](#)

What Does It Take for Traumatized Children to Survive

How one state educated itself on adverse childhood experiences and toxic stress



About a decade ago, Washington State embarked on an early social experiment to educate people about the impacts of stress on children.

The results are starting to show.

Children's Mental Health Learning Series on Shaw

Watch sessions on Shaw

You can now watch sessions from the Alberta Human Services' sponsored Children's Mental Health Learning Series on your local Shaw Cable channel.



Building resiliency in children and adolescents:

Aug 22, 23 at 2:30 PM

Supporting mental health in lesbian, gay, bisexual and transgendered children and adolescents:

Aug 25, 27, Sept 1, 3 at 7:30 PM

Aug 29, 30, Sept 5, 6 at 2:30 PM

Managing children and adolescents with severe anxiety issues:

Sept 8, 10, 15, 17 at 7:30 PM

Sept 12, 13, 19, 20 at 2:30 PM

Concurrent disorders treatment for children, youth and their families:

Sept 22, 24, 29, Oct 1 at 7:30 PM

Sept 26, 27, Oct 3, 4 at 2:30 PM

Connected or Disconnected: Social media affects mental health

Oct 6, 8, 13, 15 at 7:30 PM

Oct 10, 11, 17, 18 at 2:30 PM

Prevention, intervention and postvention of suicide:

Oct 20, 22, 27, 29 at 7:30 PM

Oct 24, 25, 31, Nov 1 at 2:30 PM