

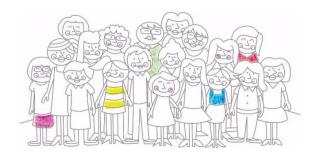
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Experiences of Albertan Children and Youth Over Time, 2005/06 to 2010/11

The Centre-managed Child and Youth Data Laboratory is working on a longitudinal study that focuses on understanding the experiences of Alberta's children and youth as they develop. The emphasis is on service use within and across



government ministries, as the service use relates to key indicators and the passing of time. Studying experiences over several years of development adds a valuable level of richness to an already ground-breaking initiative, providing detailed insight into the factors that help shape our children and youth as they develop. While this project's predecessor, Experiences of Albertan Youth 2008/09, gave us snapshots of the lives of our children and youth, the longitudinal analyses in this current project will give us videos!

Findings from Experiences of Albertan Children and Youth over Time, 2005/06 to 2010/11 will inform policy, programs and research. Each project in this series anonymously links and analyzes administrative data on children and youth in Alberta.

Interested in more information? We are happy to come to you and present on what you'll gain from the analysis and advise on what you can do with the findings. Call Aimee Caster at 780-944-8636 or e-mail acaster@research4children.com.

Farewell and thank you

The Centre said thank you and wished inaugural Board members Beverley Brennan and Drs. Reginald Bibby and David Olson best wishes as the three stepped down after serving 13 years on The Centre's Board of Directors. Their unique contributions were integral to the The Centre's successful beginnings and ongoing achievements.



(Pictured left to right are Drs. Reginald Bibby and Roger Palmer, Board Chair, Ms. Robyn Blackadar, Centre President and CEO, and Dr. David Olson)

Centre welcomes news Board members

At its Annual General Meeting on September 25, 2015, The Centre's members elected two new Board members; Brenda Rebman and Dr. Sandra Davidge.

Brenda is a 'solutions focused' business and human resources strategist with 35 years of multi-faceted experience in operations, strategy development, talent management, leadership, change management and high-profile relationship management.



Brenda Rebman

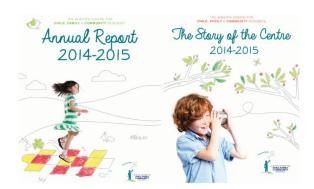


Dr. Sandra Davidge

Dr. Sandra Davidge is the Director of the Women and Children's Health Research Institute (WCHRI) and Professor in the Departments of Obstetrics & Gynecology and Physiology at the University of Alberta. She holds a Tier 1 Canada Research Chair in Women's Cardiovascular Health and is an AIHS funded Scientist.

Annual Report and Story of The Centre available!

The Centre's annual report and "Story of The Centre" provide a snapshot of the projects, initiatives and partnerships undertaken by Centre staff and funded research teams. Specific accomplishments are listed in the Annual Report and major initiatives that align with our strategic directions can be found in the accompanying report. The Story of The Centre.



\$850K donation received in support of Child Data Centre

The Centre was pleased to recently receive an \$850K anonymous donation supporting its Child Data Centre of Alberta (CDCA).

The CDCA is a data and research facility where research data, survey data, and (in a later stage) administrative data related to child and youth development, health and well-being are stored, cleaned, catalogued and managed for secondary research and policy uses. Outcomes for Alberta's children, youth, families and communities will be improved through using and combining data in new ways to inform social, educational and health policy, practice and service planning. The Centre will build and



leverage research capacity, (including infrastructure and both data-related and child health and development-related content expertise) in an unprecedented way.

The CDCA will provide an avenue for researchers to connect with one another to answer new research questions based on pre-existing data. This will reduce funding costs by the Government, Universities and other funding agencies by the decreased replication of data collection and analysis. In addition, fewer participants will be needed over time to answer research questions that could be addressed with sound and ethical data that has already been collected. Given this context, the CDCA will support and encourage the generation of new knowledge based on principles of research efficiency, reduced participant burden and collegial connection.

Click here for more information on the CDCA and regularly updated information.

Centre speaks to Premier's Mental Health Review Panel

The Centre's President and CEO, Robyn Blackadar, recently provided key recommendations to Premier Rachel Notley's Mental Health Review Panel. The recommendations and report from the three-person panel, including Liberal Leader Dr. David Swan, NDP MLA Danielle Larivee and Siksiksa Health CEO Tyler White, will assist the Alberta government in implementing



a mental health strategy that strengthens and, where needed, updates the current system to deliver services to Albertans living with addiction and mental health issues - and, where possible, prevent issues from occurring or becoming worse.

The Centre's key recommendations to the panel were:

- Create an oversight, multi-sector task group, that has access to the best available evidence, funding and a mandate to act on priority issues
- Invest in prevention and population health, and ensure clear inter-relationships with schools, community and family
- Develop a targeted plan for "At-Risk Albertans" with resources to provide intense support services as early as possible
- Continue to build and fund cross-sector measurement and well-being surveillance (go beyond health care system)
- Use implementation science and business expertise to test, complement and bring to scale programs that work

Seeking applications to create framework

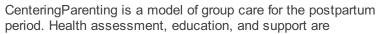
The Centre is seeking an external consultant to create a capacity framework for Home Visitation Early Childhood Development Prevention and Intervention Services in Alberta (HV PEI ECD). Please see the <u>full request for applications</u> to better understand how the capacity framework fits into the larger context. The deadline for applications is December 8, 2015.



The capacity framework is a deliverable encompassed in a larger project related to HV PEI ECD. The Centre has been contracted by the Ministry of Human Services to undertake interconnected projects to inform next steps for Home Visitation and Parent Link Centre services across the province. The capacity framework is one component of an overarching project related to HV ECD PEI services in

The results are in ~ A feasibility study of Centering Parenting®

Investigators: Dr. Cyne Johnston; Ms. Donna Wallace





combined to promote greater engagement, personal empowerment and community building. A team, led by Alberta Health Services (AHS) researchers, content experts, Public Health managers, and decision-makers adapted and implemented the way Public Health well-child services were delivered in a pilot study at two Calgary community health clinics. Rather than attend the typical one-on-one visits with a Public Health Nurse (PHN) at four vaccination time points; families attended six, two-hour group sessions in the child's first year of life. The purpose of the pilot was to assess the feasibility of this service delivery model and see if it met the needs of parents, nurses, and decision-makers.

Participating parents reported improvements in their parenting skills and confidence, their stress management, and their ability to find answers to their parenting questions following the program. Parents found that the program met their needs, particularly their needs for peer and personal support, information, and skill development. Nurses reported enjoying the opportunity to "support a model where people are relationship building and being supportive." The piloting of the CenteringParenting program was successfully completed in two Calgary Public Health locations. A number of logistical challenges need to be overcome in order for the program to be implemented more widely.

Click here to access the executive summary and full report.

Learn about emerging FASD and homelessness research in Calgary

Join Dr. Dorothy Badry on November 23 from 1 - 4 pm as she presents a summary of the findings from her research on FASD and homelessness in Calgary and on principles of gender-based case management. Kaylee Ramage will report on the Best Practices project many CFAN members participated in last spring.

Please e-mail info@calgaryfetalalcoholnetwork.com your interest in attending or call 403-249-7215 with questions. This event will be held at Venue 1008 at 1008 - 14 Street, SE, Calgary. There is no fee to attend.



Symposium presenters needed

The Alberta Early Years Conference, October 3-4, 2016 in Edmonton is seeking to provide participants with engaging speakers and topics that focus on new understandings of and approaches to supporting childhood development including the advancement of practices and policies. Of particular interest for this year's conference is evidence focusing on brain development and play, trauma and technology.

Canada's second <u>National Mentoring Symposium</u>, <u>November 2-4</u>, <u>2016</u> will be hosted in Banff, Alberta. This mentoring event will strive to advance the unique contributions of mentoring to the well-being of



children and youth, volunteer mentors and communities across Canada by highlighting innovative partnerships, promising practices or programs and the state of the research. Thematic areas include: Exemplary and innovative program models and practices; Serving specific youth populations; Practical program development practices and skills; Managing risk; and Research.

Click on the links provided above to access Call for Presentation information.



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