The Many Faces of Childhood Well-Being: The Tween Years

DRAFT AGENDA

DAY ONE

November 22, 2010

1:00–1:10 p.m.  Setting the Stage
An Overview of The Many Faces of Childhood Well-Being: The Tween Years
Nancy Reynolds
President and CEO
Alberta Centre for Child, Family and Community Research

1:10-1:15 p.m.  The Many Faces of Tweens: Oren
Vignettes of Alberta Tweens in 2010

OPTIMIZING TWEEN WELL-BEING

1:15– 2:00 p.m.  Brain Development in the Tween Years
(Understanding Tweens)
Tracy Vaillancourt, Ph.D.
Associate Prof. and Canada Research Chair,
Children’s Mental Health & Violence Prevention
Faculty of Education & School of Psychology,
Faculty of Social Sciences, University of Ottawa

2:00-2:30 p.m.  Betwixt and Be’tween:
Fostering Healthy Body Image
Across Weight Status
Shelly Russell-Mayhew, Ph.D
Registered Psychologist
Associate Professor, Educational Studies in Psychology,
Faculty of Education, University of Calgary

2:30-2:35 p.m.  Question and Answer Period
Moderated by Nancy Reynolds

2:35-2:50 p.m.  Coffee and Networking Opportunity

2:50 – 2:55  The Many Faces of Tweens: Abby
Vignettes of Alberta Tweens in 2010

2:55-3:25 p.m.  Building the Social Capacity
of Tweens to Thrive
(Positive Peer Relationship Building, Growing Independence and Positive Decision Making)
Wayne Hammond, Ph.D
President and Executive Director
Resiliency Initiatives

3:25-3:30 p.m.  Question and Answer Period
Moderated by Nancy Reynolds

3:30-4:00 p.m.  Transitioning from Child to Tween
(Developmental, Cognitive, Emotional and Social Changes)
Kimberly Schonert-Reichl, Ph.D.
Associate Professor,
University of British Columbia

4:00- 4:05 p.m.  Question and Answer Period
Moderated by Nancy Reynolds

4:05—4:10 p.m.  The Many Faces of Tweens: Austin
Vignettes of Alberta Tweens in 2010

4:10– 4:15 p.m.  Wrap Up of Day One
Nancy Reynolds
# The Many Faces of Childhood Well-Being: The Tween Years

**DRAFT AGENDA**

**DAY TWO**

**November 23, 2010**

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<tr>
<th>Time</th>
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| 8:30-9:00 a.m. | Setting the Stage                                                        | Nancy Reynolds  
President and CEO  
Alberta Centre for Child,  
Family and Community Research |
| 9:00-9:30 a.m. | Worries and Woes in Tweens: Anxiety Disorder Prevention and Early Intervention | Lynn Miller, Ph.D.  
Assistant Professor and Registered Psychologist, Educational and Counseling Psychology, and Special Education  
University of British Columbia |
| 9:35-10:05 a.m. | Question and Answer Period                                               | Moderated by Nancy Reynolds                                                                           |
| 10:05-10:30 a.m. | Keeping our Children out of Gangs                                       | Anthony Hutchinson, Ph.D.  
Chief Executive Officer (CEO), Brampton Neighbourhood Resource Centre (BNRC) |
| 10:30-11:00 a.m. | Mental Health First Aid                                                  | Carolyn Newman  
Consultant, Mental Health  
Alberta Health Services |
| 11:00-11:15 a.m. | Question and Answer Period                                               | Moderated by Nancy Reynolds                                                                           |
| 11:15-11:45 a.m. | Aboriginal Tweens                                                       | Jan Hare, Ph.D.  
Associate Professor, Language and Literacy Education, University of British Columbia |
| 11:45-12:00 p.m. | Question and Answer Period                                               | Moderated by Nancy Reynolds                                                                           |
| 12:00-1:00 p.m. | Lunch and Networking Break                                               |                                                                                                       |
| 1:00-1:45 p.m. | Addressing Bullying Among Tweens: Prevention and Intervention            | Shelley Hymel, Ph.D.  
Professor, Educational and Counseling Psychology, and Special Education  
University of British Columbia |
| 1:45 – 2:00 p.m. | Question and Answer Period                                               | Moderated by Nancy Reynolds                                                                           |
| 2:00 – 3:15 p.m. | Small Group Discussion                                                   |                                                                                                       |
| 3:15 – 3:30 p.m. | Wrap Up and Closing Remarks                                              | Nancy Reynolds                                                                                         |