


Safe, Welcoming, Caring and Respectful:
essential elements for building
Trauma Sensitive Schools

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The prevalence of Childhood Trauma, including abuse, neglect and witnessing family violence is much higher than previously thought.



Exposure to Childhood Trauma
can create conditions in the
brain that make school
success very difficult.

We may never know which specific children in our classrooms have been exposed to adverse childhood experiences.

Even without identification of specific students, we can create school environments that allow us to intentionally support lagging skills.

Safe, Welcoming, Caring and Respectful:
essential for Trauma Sensitive
Classrooms and Schools



Lagging Skill:

Managing Emotional Regulation

Lagging Skill:

Managing the Regulation of
Focus and Attention

Lagging Skill:

Managing the Regulation of
Physiological Arousal

Lagging Skill:

Managing the Regulation of
Behaviour Choices

Lagging Skill:

Creating and Maintaining
Healthy Relationships.

Trauma Sensitive Classrooms
and Schools require the
presence of well regulated
adults.

Staff mental health as an
essential aspect.

Questions? Worries??

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